

MAKE THE MOST OF YOUR NEW2OSU EXPERIENCE!

Advice from your OSU colleagues & the folks at CTL.

The following recommendations were informed by a survey of the 2018-19 New2OSU cohort. We asked participants to share their experiences, and to let future participants (you!) know what they wish they'd known, what helped them to be successful in the program, and what they'd do differently. We identified several themes within their responses, and in the following content you'll find their voices and strategies for success in this program.

Time management is key

The most frequently shared advice from your colleagues focused on time management. Undoubtedly, throughout the year you'll have competing commitments and unrelated projects/deadlines that may feel far more urgent in the moment than your year-long New2OSU program. Be sure to hold onto your time for this program, however, and consider using these strategies to help you to do so:

- *Right from the start, take time to identify and consider your termly course and departmental commitments, as well as your New2OSU deadlines, then block out time on your calendar for each*
- *Within your schedule, build in time to reflect soon after each New2OSU experience so that your impressions, thoughts, and questions remain fresh*
- *Develop your schedule to work on New2OSU incrementally throughout the term rather than all at the end; use the provided calendar and recommended due dates to guide you*
- *Plan backwards, breaking larger tasks into smaller goals/activities*
- *Create accountability for yourself — tell someone your work plan and have them check in with you periodically to see how its going*

“Plan/schedule time to work on components each week. Time management is key.”

“It will be worth your time to make this program a priority.”

“Don't wait until the last minute to do your portfolio.”

“Connecting regularly with my mentor and asking her for what I want to get from the relationship [has been most helpful to my learning in the program].”

“I enjoyed working in my mutual mentor triad.”

Connect with your community

As you engage in the New2OSU program, it will be beneficial to your experience to create intentional space to engage with your community: your cohort colleagues, the program facilitators, Brooke, and your mentors. You'll be taking part in challenging critical thinking, and it will pay dividends to make connections with others on campus who are engaging in the same work. Support each other in your teaching journey at OSU — not only while you're in the program, but once you've completed the program, too. Here are some ways you might embark on this work together:

- *Exchange information with the folks in your cohort and establish additional ad hoc or regular meeting times to process and reflect/debrief/discuss your learning together: What's going well? What do you want to know more about? What have you tried in your classrooms? Where do you have questions? What could be better?*
- *Tap into your community (your colleagues, facilitators, mentors, and CTL support) and engage in thought partnership to inform your ideas and hear different perspectives and approaches*
- *Cultivate the space and help create the group that will help you to best learn, explore, question, experiment, debrief, and celebrate together*
- *Ask questions when you have them — the program facilitators and your New2OSU community are here to help*

Make this New2OSU experience your own

The design of New2OSU is intended to be personalized and flexible in terms of content and completion time. The program is meant to work for and speak to your needs, interests, and learning goals.

As you engage:

“Advocate for what you want from the program.”

- Request personalized adjustments to an assignment to better serve your needs
- Do your best to follow the recommended calendars and due dates, but work at your own pace when needed
- Fully tailor your second term so that your Individualized Learning Pathway is aligned to your needs, interests, and learning goals
- Choose a Reflective Teaching Mentor you personally connect with and who has similar interests and goals as you

“Speak up for what you want to get from the program and ask for ways that it can be tailored to meet your wants/needs.”



From Brooke: 7 Strategies for Successful Participation in New2OSU

1. **Be prepared for a journey.** Think of New2OSU as an opportunity to launch your teaching journey. As you evolve in your career so too will your ideology and teaching self.
2. **Be adaptive.** This program is designed to serve you and your teaching development. If a learning activity could be better aligned to meet your teaching and/or learning goals let us know! We are happy to be adaptive!
3. **Be flexible.** Each learning activity has a “due date” and each term corresponds with the university’s start and end dates. Consider these dates to be gentle reminders that will support you in maintaining a pace towards successful completion of the program in three terms.
4. **Be calm.** If you find you are late submitting an “assignment” — don’t fret. There is no late penalty. If you find your load is too heavy to fully complete a “term” — don’t fret. You can remain in that term until you’ve successfully completed the requirements.
5. **Be proactive.** Just as teaching is a journey, so too is a teaching portfolio. Start collecting artifacts (evidence of your teaching evolution) at the start of this program. This will support you in the creation process.
6. **Be social.** Connect with the CTL team, your mentor, and build relationships with your New2OSU colleagues. Reaching out with questions or to solicit feedback from all is encouraged!
7. **Be time sensitive.** Look ahead at your term and create a schedule that aligns your work and New2OSU expectations. Try to find opportunities where the two can become one.



Collaborate with the ASC!

*We’re eager to partner with you to create material to support your students.
Consider working with us to create a Course Guide!*

Course Guides triangulate the expertise of student experience, the expertise of instructors in their disciplines, and the learning strategy expertise that we share with students in each of our ASC programs. Course Guides equip students with the strategies they need for success in your specific course from the first day of class.

*Learn more about the process, and see an example Course Guide for students,
@ success.oregonstate.edu/course_guide_process. Then, contact Sarah Norek with questions or to set up a meeting to discuss possibilities: Sarah.Norek@oregonstate.edu.*