Remote Teaching Issues & Pedagogical Solutions

**Problem:** Zoom Fatigue & Internet Stress

- Consciously adapt your on-campus course to remote teaching rather than trying to replicate it.
- Use a blended approach in which you thoughtfully integrate the asynchronous and live course components.
- Make strong use of asynchronous course components in Canvas to foster student interaction with content, their peers, and you.
- Create short lecture videos (under 10 min.) to personally deliver key content that students can consume at their own pace and time.
- Only use live Zoom sessions for class activities that clearly benefit from synchronous delivery and record them so students can view on their own schedules.
- Use fun activities to engage students; defuse the stress of remote learning.
- Run live sessions for no longer than the scheduled class meeting time.

**Solutions:**

**Problem:** Instructions or Expectations are Unclear

- Organize your course in weekly Canvas modules.
- Use a remote teaching Canvas template for modular structure.
- Provide a weekly overview of tasks (and expected time required) as first page of each module.
- Communicate regularly and consistently (e.g., Canvas weekly announcements each Monday morning).
- Ask for focused student feedback during the term.
- Use general Q&A Canvas discussion forum for student questions about assignments and logistics.
- Create focused, engaging assignments that foster accountability.
- Build your online presence in your course.

**Problem:** Too Much for Students To Do and Uneven Workload

- To avoid student overload, apply the OSU credit hour policy. “One credit is generally given for three hours per week of work in and out of class.”
- Estimate time required for each learning activity and balance weekly student workload throughout the term.
- Align all content, assignments, and assessments with course learning outcomes so students see the purpose.
- Stage assignments with weekly steps for students to complete.
- Offer opportunities for distributed practice over a period of several weeks.

**Solutions:**